



Who can join Surf Life Saving?

Anyone! Surf Life Saving is an inclusive organisation that offers something for everyone. We want all Australians to live an active life, to get involved in life, to participate, and to help save life.

You can do this by becoming a surf lifesaver, joining your kids up to nippers and getting them active, volunteering by becoming an age manager, helping out with the club barbeque on the weekend, fundraising, learning first aid or CPR - so you too could help save a life one day, or simply, donating to a great cause.

The possibilities are endless. Becoming part of Surf Life Saving means embracing the Australian way of life, meeting great people and getting involved - it means being Australian for life.



About Soldiers Beach SLSC

Established in 1953, Soldiers Beach Surf Life Saving Club is located on the beautiful Central Coast of New South Wales, Australia. Over 150,000 members of the public, including beach goers, swimmers, board riders and fishermen visit our beach every summer season, especially during the busy public summer holiday periods.

There is a role for you at Soldiers Beach SLSC whether you like competing, patrolling, education and of course being a Nipper; there's something to do for everybody.

The Nipper and Rookie membership at Soldiers is growing every year, with our fun approach to teaching the kids surf awareness and skills are proving to be the key to success for individuals on the beach and in competition.

How Do We Join?

To become a surf lifesaver you can join [Soldiers Beach Surf Lifesaving Club](#) today. You will then need to obtain your Bronze Medallion qualification and to obtain this you must be over the age of 15 and demonstrate proficiency in surf awareness, communication, patrol and rescue techniques, emergency care plus anatomy and physiology.

Join Surf Life Saving Today



Active Members 18+

Active members are those over the age of 18 years who hold the minimum requirements of the Bronze Medallion. Active member duties range from basic patrols on the beach to more advanced levels of association awards.

Nippers+

Nippers is a junior program that introduces children aged 5 to 13 to surf lifesaving. It is a fun outdoor activity that grows a child's confidence, teaches valuable life skills and knowledge. Soldiers Beach offers a nippers program with a variety of beach and water activities to suit all kids. Our kids are the future of Surf Life Saving and the Nippers pathway teaches lessons and skills allowing them to continue in lifesaving as they grow older and gain an invaluable life experience. We believe the best way to introduce kids to surf lifesaving is to ensure fun takes priority. It's not hard work, just serious fun! Nippers is a great way for children to make friends, be active and enjoy the beach in a safe and healthy environment.





Rookies (U13 & U14 years)

Rookies shall be at a minimum in the U13 age group and up to U14 on a season basis. Our Rookie program plays a significant role in the development of our Youth Members in respect to their lifesaving skills, as well as leadership and public relations. The program provides access to seasoned mentors within the Surf Club environment, as well as opportunities for hands-on experience to further aid growth and development.

Active U18s

Active U18s are those members aged between 15 and 17 years who hold a Bronze Medallion. Active U18s are involved in all areas of surf lifesaving and perform patrol duties. These members can expand their knowledge with training in Advanced Resuscitation Techniques, Inflatable Rescue Boat Driver, and Spinal Management to name a few. Active U18s can compete in Surf Sports, attend our Development Programs, or hold a position at our club.



Becoming a Surf Life Saver

A surf lifesaver is a trained volunteer that patrols our beach on the weekends. They undertake a number of roles including aquatic rescues, providing first aid and emergency care and providing surf safety information to the public. Becoming a surf lifesaver is satisfying, fun and rewarding. You can lead a fit and healthy lifestyle, become trained in aquatic safety skills, make new mates, compete in surf sports, and give something back to your local community. You may also help save someone's life one day. Surf lifesavers are trained in a wide range of core skills:

SURF AWARENESS - Ability to read the surf and understand wave conditions.

RESCUE TECHNIQUES - A variety of methods to help a person in trouble.

FIRST AID - Basic aid and resuscitation skills that will aid an injured person.

BEACH PATROLS - Skills and understanding required to perform patrol duties.

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To Join Soldiers Beach SLSC Today



Soldiers Beach SLSC ClubHouse

Join Surf Life Saving Today

Registration Dates for the 2018-19 Season

1st, 9th & 15th Sept 2018 @Soldiers SLSC

All Rego Days will be held between 10am & 1pm.

Or complete the Soldiers Beach SLSC Membership Forms online

For further Information contact;



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