

SOLDIERS BEACH NIPPER PROGRAM

	U8	U9	U10	U11	U12	U13	U14
9.30	Briefing	Briefing	Briefing	Briefing	Briefing	Briefing	Briefing
9.40	Flags	Swim between the Flags and Final discussion and questions with Patrol Captain	Marathon	Sprint	Flags	Swim between the Flags and Final discussion and questions with Patrol Captain	WATER
10.00	Sprint	Flags	Swim between the Flags and Final discussion and questions with Patrol Captain	Marathon	Sprint	Flags	SAFETY
10.20	Marathon	Sprint	Flags	Swim between the Flags and Final discussion and questions with Patrol Captain	Marathon	Sprint	BETWEEN
10.40	Swim between the Flags and Final discussion and questions with Patrol Captain	Marathon	Sprint	Flags	Swim between the Flags and Final discussion and questions with Patrol Captain	Marathon	FLAGS

